

OCC Junior Tennis Program

Our junior program is based on a progressive teaching system. We have designed this to ensure that players develop and continue to build on the skills they have learned in the previous level.

This session is 6 weeks long and will progress from week to week. By starting and completing each session the players will realize the maximum benefit.

It is our goal to have our Juniors exhibit good technique and understanding of the game of tennis and prepare them for a lifetime of enjoyment in the sport we love so much.

As always, good sportsmanship will be fostered at all levels.

January 17th – February 25th 2017 (6 weeks)

Red Rookies 5 - 8 yrs old Tuesday 4 - 5 pm
BEGINNER \$90 (\$108 non member)

Technique, footwork, stroke fundamentals along with an introduction to games that require a little competing. Score keeping will be introduced. Many fun games are incorporated at this stage of development with the key element being FUN!!!

Orange Stars 7 - 10 yrs old Wednesday 4 – 5 pm
INTERMEDIATE/ADV \$90 (\$108 non members)

Further development of all skills is a key ingredient of this stage. Other elements that will be introduced will be strategy, doubles, proper score keeping and sportsmanship.

Green Stars 8 - 12 yrs old Thursday 5 - 6 pm
INTERMEDIATE ADV \$90 (\$108 non members)

The Green level players have a good grasp of the basic skills. They are able to rally consistently with good technique and understand the basic strategy of tennis. This program will further enhance and refine their skills and prepare them for future competition.

Yellow Stars 10 - 18 yrs old Tuesday and/or Wednesday 5 – 6 pm
ADVANCED \$90 (\$108 non members) per day

Yellow star players are advanced players looking to play for their school teams or in tournaments. The main focus for this group will be to develop a game style best suited to that particular player and to understand how to play matches in an effective manner. Strokes will be fine tuned and technique will always be in the forefront to make sure that progress is made in each student's game.

Advanced Juniors Saturday 11 - 12:30 pm
TOURNAMENT \$108 (\$132 non members)

Tournament - high school competitive level players. Acceptance with Pro's approval only.

* All players must sign-up for the session - space is limited - first come basis

* No drop-ins will be permitted

* Preference will be given to OCC members

* Payment is required at first lesson by non members

*Based on demand more clinics may be added

We are excited for our program and look forward to helping all juniors reach their potential in a positive and fun environment.

Please let us know if you have any questions.